

The benefits of *Blueberries*

ANTIOXIDANT
Heroes

Blueberries are #1 in healthy antioxidants!



Blueberries help inhibit the growth of hard to treat breast cancers & can help prevent it.

HELP
Prevent
CANCER



BERRY
of
YOUTH

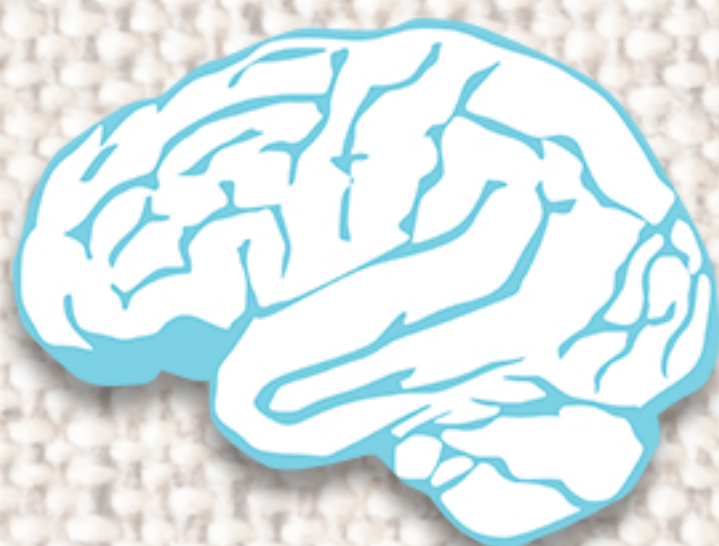
The antioxidants help slow down the signs of aging!



3 servings per week can help fight



HEART DISEASE



MEMORY LOSS



INDIGESTION